

Priory Hall Bookings for October 2019

Oct 2019	MORNING	AFTERNOON	EVENING
1st Tues		Yoga (2.00 - 3.30)	Tai Chi (6.00 - 7.00) Mindfulness Meditation (7.15 - 8.15)
2nd Wed	Pilates (9.30 - 10.30 and 10.45 to 11.45)		Wrekin Mountaineering Club Meeting (8.00 - 9.00)
3rd Thur	Tai Chi (10.00 - 11.00)	Silver Movers Exercise Session (2.00 - 3.00)	Yoga (6.00 - 7.00, 7.15 - 8.15)
4th Fri	Yoga (9 - 10)		Poetry Launch (7.30 - 8.30)
5th Sat			
6th Sun			
7th Mon	Tai Chi for Parkinson's (11.00 - 12.00)	Slimming World (2.45 - 7.15)	
8th Tues		Yoga (2.00 - 3.30)	Tai Chi (6.00 - 7.00) Mindfulness Meditation (7.15 - 8.15)
9th Wed	Pilates (9.30 - 10.30 and 10.45 to 11.45)	U3A Monthly Meeting (1.30 - 4.00)	
10th Thur	Tai Chi (10.00 - 11.00)	Silver Movers Exercise Session (2.00 - 3.00)	Yoga (6.00 - 7.00, 7.15 - 8.15)
11th Fri	Yoga (9 - 10)		
12th Sat			
13th Sun			
14th Mon	Tai Chi for Parkinson's (11.00 - 12.00)	Slimming World (2.45 - 7.15)	Mindfulness Meditation (7.30 - 8.30)
15th Tues		Yoga (2.00 - 3.30)	Tai Chi (6.00 - 7.00) Civic Society (7.00 - 9.00)
16th Wed	Pilates (9.30 - 10.30 and 10.45 to 11.45)		Much Wenlock WI (6.00 - 9.00)
17th Thur	Tai Chi (10.00 - 11.00)	Silver Movers Exercise Session (2.00 - 3.00)	Yoga (6.00 - 7.00, 7.15 - 8.15)
18th Fri	<i>Yoga (9 - 10) tbc</i>		
19th Sat		Set up for christening reception on Sunday	
20th Sun		Christening Reception (1.30 - 5)	

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21st Mon	Tai Chi for Parkinson's (11.00 - 12.00)	Slimming World (2.45 - 7.15)	
22nd Tues		Yoga (2.00 - 3.30)	Tai Chi (6.00 - 7.00) Mindfulness Meditation (7.15 - 8.15)
23rd Wed	Pilates (9.30 - 10.30 and 10.45 to 11.45)		Priory Open Day (7.00 - 8.30)
24th Thur	Tai Chi (10.00 - 11.00)	Silver Movers Exercise Session (2.00 - 3.00)	Yoga (6.00 - 7.00, 7.15 - 8.15)
25th Fri	Yoga (9 - 10) tbc	West Mercia PCC Q and A Event (12.30 - 2.30)	(Stage on loan to Harley Village Hall for evening of 25th)
26th Sat			
27th Sun		1st Birthday Children's Party (12 - 4)	
28th Mon	Tai Chi for Parkinson's (11.00 - 12.00)	Slimming World (2.45 - 7.15)	Mindfulness Meditation (7.30 - 8.30)
29th Tues		Yoga (2.00 - 3.30)	Tai Chi (6.00 - 7.00)
30th Wed	Pilates (9.30 - 10.30 and 10.45 to 11.45)		Shropshire Ornithological Society (7.30 - 9.30)
31st Thur	Tai Chi (10.00 - 11.00)	Silver Movers Exercise Session (2.00 - 3.00)	Yoga (6.00 - 7.00, 7.15 - 8.15)