

## Priory Hall Bookings for January 2020

<b>Jan 2020</b>	<b>MORNING</b>	<b>AFTERNOON</b>	<b>EVENING</b>
<b>1st Wed</b>			
<b>2nd Thur</b>			
<b>3rd Fri</b>			
<b>4th Sat</b>			
<b>5th Sun</b>			
<b>6th Mon</b>	<b>Tai Chi for Parkinson's (11.00 - 12.00)</b>	<b>Slimming World (2.45 - 7.15)</b>	
<b>7th Tues</b>		<b>Yoga (2.00 - 3.30)</b>	<b>Tai Chi (6.00 - 7.00) Mindfulness Meditation (7.15 - 8.15)</b>
<b>8th Wed</b>	<b>Pilates (9.30 - 10.30 and 10.45 to 11.45)</b>		
<b>9th Thur</b>	<b>Tai Chi (10.00 - 11.00)</b>	<b>Silver Movers Exercise Session (2.00 - 3.00)</b>	<b>Yoga (6.00 - 7.00, 7.15 - 8.15)</b>
<b>10th Fri</b>	<b>Yoga (9 - 10)</b>	<b>Philip Dunne MP Surgery (4.00 - 5.30)</b>	
<b>11th Sat</b>			<b>Birthday Party (12 - 12)</b>
<b>12th Sun</b>			
<b>13th Mon</b>	<b>Tai Chi for Parkinson's (11.00 - 12.00)</b>	<b>Slimming World (2.45 - 7.15)</b>	<b>Priory Hall Committee Meeting (7.15 - 9.00)</b>
<b>14th Tues</b>		<b>Yoga (2.00 - 3.30)</b>	<b>Tai Chi (6.00 - 7.00) Mindfulness Meditation (7.15 - 8.15)</b>
<b>15th Wed</b>	<b>Pilates (9.30 - 10.30 and 10.45 to 11.45)</b>	<b>U3A Monthly Meeting (1.30 - 4.00)</b>	<b>Much Wenlock WI (6.00 - 9.00)</b>
<b>16th Thur</b>	<b>Tai Chi (10.00 - 11.00)</b>	<b>Silver Movers Exercise Session (2.00 - 3.00)</b>	<b>Yoga (6.00 - 7.00, 7.15 - 8.15)</b>

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<b>Jan 2020</b>	<b>MORNING</b>	<b>AFTERNOON</b>	<b>EVENING</b>
<b>17th Fri</b>	<b>Yoga (9 - 10)</b>		
<b>18th Sat</b>			
<b>19th Sun</b>			
<b>20th Mon</b>	<b>Tai Chi for Parkinson's (11.00 - 12.00)</b>	<b>Slimming World (2.45 - 7.15)</b>	<b>Mindfulness Meditation (7.30 - 8.30)</b>
<b>21st Tues</b>		<b>Yoga (2.00 - 3.30)</b>	<b>Tai Chi (6.00 - 7.00) Civic Society (7.00 - 9.00)</b>
<b>22nd Wed</b>	<b>Pilates (9.30 - 10.30 and 10.45 to 11.45)</b>		<b>Shropshire Ornithological Society (7.30 - 9.30)</b>
<b>23rd Thur</b>	<b>Tai Chi (10.00 - 11.00)</b>	<b>Silver Movers Exercise Session (2.00 - 3.00)</b>	<b>Yoga (6.00 - 7.00, 7.15 - 8.15)</b>
<b>24th Fri</b>	<b>Yoga (9 - 10)</b>		
<b>25th Sat</b>			<b>Homer Group Barn Dance (5.00 - 11.00)</b>
<b>26th Sun</b>			
<b>27th Mon</b>	<b>Tai Chi for Parkinson's (11.00 - 12.00)</b>	<b>Slimming World (2.45 - 7.15)</b>	
<b>28th Tues</b>		<b>Yoga (2.00 - 3.30)</b>	<b>Tai Chi (6.00 - 7.00) Mindfulness Meditation (7.15 - 8.15)</b>
<b>29th Wed</b>	<b>Pilates (9.30 - 10.30 and 10.45 to 11.45)</b>		<b>National Flood Forum Meeting (7.00 - 8.30)</b>
<b>30th Thur</b>	<b>Tai Chi (10.00 - 11.00)</b>	<b>Silver Movers Exercise Session (2.00 - 3.00)</b>	<b>Yoga (6.00 - 7.00, 7.15 - 8.15)</b>
<b>31st Fri</b>	<b>Yoga (9 - 10)</b>		<b>Bowling Club AGM &amp; Presentations (6-11)</b>